

Hello,

We are looking for partners in the framework of the - **Grundtvig - LLP Senior Volunteering Projects** and when consulting the site of the "seVen" - SVP partner finder, we saw your expression of interest for this type of projects.

So we are getting in touch with you to know your interest and availability to develop such a project.

(Bellow just a small description of intentions)

"To learn citizenship is essential to practice citizenship in the learning environment " António Sérgio, Civic Education - 1982

Develop solidarity and promote active citizenship for 4 volunteers over the 2 years of partnership in the Municipality of Amadora, Portugal.

Founded on three main principles:

- Support the initiatives or actions that the cooperative develop locally as an area of citizenship, solidarity, partnership and co-responsibility;
- Encouraging active citizenship through exchanges of values, knowledge and culture with the local population, especially with the elderly;
- Promote the true meaning of service emphasizing the importance of the Senior Voluntary service as extra value for all stakeholders involved: Volunteer, beneficiary population and local community.

Activities included in the plan of the cooperative and local partnerships.

### **Who are we?**

We are a cooperation committed to provide family support services, protection during the old age and help to elderly people with handicaps. Our target group is 55+ years old. We perform mainly in the municipality of Amadora (Lisbon), considered the most dense populated region of Portugal. We have a wide range of actions, such as European citizenship for the elderly, senior volunteer sport, European voluntary service and intergenerational solidarity between the generations/practises.

Our cooperative is designed to give a response of social solidarity, creative and enterprising differentiated giving our members/users support for their basic needs and daily activities, temporarily or permanently with essential objective of improving their quality of life and well-being. Our principles are Professionalism (good/dedication and competence); social (social accountability) humanity (human dignity and justice/respect) (equity).

Thanks in advance

In case you are interested, please feel free to contact us any time and give us your feedback.

CO(OP)RAÇÃO,

Estrada Militar, 23B

2720-192 Damaia

Amadora

Portugal

Tlf: +351 210 938 667

Fax: +351 214 740 231

and by mail:

[coop.coracao@gmail.com](mailto:coop.coracao@gmail.com)

Our best regards

The HEART Team

## Objectivo Principal

*"Para se aprender a cidadania é mesmo indispensável praticar a cidadania nos contextos de aprendizagem"*

*António Sérgio, Educação Cívica – 1982*

Desenvolver a solidariedade e promover uma cidadania activa para 4 voluntários ao longo dos 2 anos de parceria no Concelho da Amadora, Portugal alicerçado em três eixos de base:



- **Apoiar nas iniciativas ou acções** que a cooperativa desenvolva localmente, enquanto “espaço” de cidadania, solidariedade, parceria e co-responsabilidade;
- **Fomentar a cidadania activa** através da troca de valores, conhecimento e cultura com a população local, principalmente com a população envelhecida;
- **Promover o verdadeiro sentido de serviço** reforçando a importância do serviço de voluntariado sénior europeu para todos stakeholders envolvidos – voluntário, população beneficiária e comunidade local.

*Actividades inseridas no plano de actividades da cooperativa e com eventuais parcerias locais.*